THE HAPPINESS METRIC

BY Agile Avengers
Keeping up a steady delivery of high quality products needs motivated, enthusiastic and happy people.
A happy team has greater productivity, higher profitability, lower staff turnover and less burnout.
Measuring happiness is a great method to have retrospective discussions about the morale of the team.
Personal well-being is super important too, but ‘happiness’ can mean something different to everyone. Be specific!
Try asking your team how they each feel about their role on a scale of 1-5...

...then ask what it would take to move that score up by one point.
For more details on how to measure happiness, visit agileavengershub.com